

Career Pathway.

Take your career to new heights with
LifeFlight Retrieval Medicine



Registrar career pathway

Become a Retrieval Registrar with LifeFlight and develop your knowledge and skills through challenging, varied work across Australia and beyond. You will receive clinical supervision and ongoing education along with an attractive salary. You will work in a dynamic environment which allows you to develop a broad range of skills in retrieval medicine and pre-hospital care, predominantly in rotary-wing aircraft. The following information is based on an Australian graduate, however, should you be overseas trained, the minimum clinical outline can be adapted to an international training program. This information will assist you in shaping your career, so you can be eligible to apply for an interview with LRM.

Intern - Compulsory Terms

JHO (PGY2) – Start looking at gaining time in critical care terms (ICU / Anaes / ED) (ACRRM – Paeds & Anaes)

SHO (PGY 3) – Continue gaining time in critical care terms, particularly ED (ICU / Anaes / ED)

PHO (PGY4) – If you are unable to secure terms or half-terms in any of the above, see if you can secure a 3 to 6-month post at this level.

Registrar (PGY 4/5 +) – the following Colleges are recognised for Pre-Hospital

*Keep a logbook of your time in the other specialties! For example – keep a logbook for your time in Anaesthetics if you decide to specialise in ED. If you find it difficult to gain ED experience, rural and remote experience does count for this – so consider a rural term if offered. Depending on what Critical Care specialty you are interested in, there will be an issue in securing time in the other areas – for example, in ED, it can be difficult to secure a 6-month post in Anaesthetics as a Registrar, therefore these resident years count and are important.



ACEM

PT	6 months ED 3 months ICU & Anaes PASS PART 1 EXAMINATION
AT1 Junior Registrar	12 months ED (inc. paed) *Paeds is 6 months or 12 mixed
AT2 Registrar	18 months must be ED Other 6 months is LRM (PHRM) At Non-ED or Discretionary time
AT3 Senior Registrar	

PT = Provisional Trainee
AT = Advanced Trainee

ANZCA

IT 6 Months	Anaesthetics
BT 18 Months	47 weeks Anaes ICU/Paed in this time PASS PART 1 EXAMINATION
AT 24 Months	Need 6 months ED as your OCT Paeds/ICU in this time
PFT 12 Months	LRM counted as OCT

IT = Introductory Trainee
BT = Basic Trainee
AT = Advanced Trainee
PFT = Provisional Fellowship Trainee

CICM

FT 6 Months	PASS PART 1 EXAMINATION
CT1 12 Months	6 months ED
CT2 12 Months	12 months Anaes 6 months LRM counts as Elective, Acute Medicine or Retrieval
TY 12 Months	LRM counts Elective/AM/ Retrieval

FT = Foundation Trainee
CT = Core Trainee
TY = Transition Year

ACRRM

CGT 12 Months
AST 12 Months (JCCA - Anaesthetics)
CGT 24 Months (12 months rural hospital covering wards & mixed ED, anaesthetic list) (6 months ICU) NB: you must seek prior approval by ACRRM
Once completed all of the above training then eligible to apply to LRM

CGT = Core Generalist Training
AST = Advanced Specialist Training



The easiest way to remember how to make yourself eligible with LRM is when at your training Registrar level you complete:

- 6 months ED
- 6 months Anaesthetics
- 6 months ICU
- 6 months Paediatrics Anaes/ICU/ED (or 12 months in mixed department Adult & Paeds)

Please note – there is some flexibility around these, but this is the simplest way to show the minimum clinical requirements. Flexibility comes in with the understanding that College training programs do differ and rotations in all of these fields are not mandatory to finish your critical care specialty. This is why it is important to gain time in these areas as a resident or even better a PHO and to keep a logbook.

Rural and remote rotations help with

counting towards ED experience if you fall short and in gaining the ability to demonstrate alternative, equivalent experience in the management of undifferentiated patients.

It is important to keep a logbook of your Anaesthetic procedures (whether it be during time in an Emergency Department and/or Anaesthetic Department) and will be requested if you are not able to gain a full 6 months in Anaesthetics.

There are written guidelines outlining this information in much greater detail and can be given to you should wish to read it thoroughly.

Also remember, if you are unable to commit to this exact formula during your training years, you are always welcome to apply to LRM and this is simply counted as extra time and will not affect gaining your Fellowship.

Minimum clinical requirements

Hold or be eligible for registration as a Medical Practitioner with the Medical Board of Australia/Australian Health Practitioners Regulation Agency (AHPRA)

- Completion of Fellowship Primary Exams (or equivalent)
- Be in the final two years of advanced post-graduate training in a critical care discipline (emergency medicine, anaesthesia or intensive care medicine)
- Have completed a minimum of six months experience at Training Registrar level in:
 1. Emergency medicine
 2. Anaesthesia
 3. Intensive care medicine, and
 4. Paediatric emergency medicine or paediatric anaesthesia or paediatric intensive care medicine or 12 months in accredited mixed emergency medicine

- Should have EFAST experience and hold an EFAST certification
- Be reasonably fit – able to:
 1. Two arm lift 25kg to waist height
 2. Carry 20kg backpack 1km
 3. Run 2.4km in 15min
- Excellent communication skills and the ability to work as part of a multi-disciplinary team
- Be eligible to work in Australia without restriction, or the ability to hold a working visa
- Eligibility and successful application for an Aviation Security Identification Card (ASIC)
- Retrieval Services Queensland (RSQ) support, approve scope of practice (credentialing).



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